



# Tarot of the Day Logbook

[WWW.QUICKGETTHETAROTCARDS.COM](http://WWW.QUICKGETTHETAROTCARDS.COM)



# Tarot

*You may change this process to suit your own needs. What's important is the act of reading and pulling one card a day, not how you choose to go about it. Write down your findings as a way to reflect and grow.*

My Card Today Is:

## 1. DRAW The card:

- Take a picture of the card with your phone for easy reference.
- Using whatever you can sense/find out about the card, from its appearance, its body language, imagery, keyword, or correspondences: What could be the positive message of the card?

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- What could be the negative message of the card?

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# Tarot

- Looking ahead at your day, think of 5-10 things that might happen today and list them here.

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- Throughout the day, look for scenes, moments, ideas that match up with your card. These could be: Visual rhymes, feelings/moods, other people, gestures/body language, content references - movies, books, radio, podcasts, videos.





# Tarot

- Log any meanings that seem especially significant in your Card Meanings journal. Congratulations! Even if you only got 2 or 3 hits, you've signalled to your tarot practice that you're open for business. Keep it up!

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